

## ***Big Kid Bed Family Experience***

9. Lamentations 3:22-23

10. Psalm 37:4-5

Now that you've gone through the three Kickstarters, hopefully you're able to envision the hope and promise held in a child's bed. From sweet dreams to peaceful rest to significant conversations, the big kid bed is the location for some of your child's most precious moments. In order to carry out the big kid ceremony, you'll need to take the following steps:

**1. Once your child's big kid bed is in place in his/her room, decide if you want to write verses or a prayer on slips of paper to:**

1. tuck under the mattress
2. write on the wooden slats that go under the mattress
3. write on a pillowcase he'll/she'll sleep on
4. another idea you come up with on your own

**2. Select verses or a prayer that you like. See the list below for ideas.**

1. 2 Timothy 1:7
2. Psalm 118:6
3. Proverbs 3:24
4. Psalm 4:8
5. Isaiah 40:28
6. Romans 8:28
7. Matthew 11:28-30
8. Jeremiah 29:11



## ***Sample Prayers***

*Dear God,*

*We know this bed will be a place where \_\_\_\_\_ will have sweet dreams, peaceful rest, and a place where we'll have significant conversations. We pray that you will guard his/her dreams and ask that he/she would be able to sleep in peace because he/she grows to trust you.*

*Help us as parents to have conversations in this bed that will honor you and help \_\_\_\_\_ to know you so that one day he/she can choose to follow you.*

*-Amen*

You can keep this Family Experience intimate with just your immediate family. However, if you have very close friends or family you'd like to make part of the experience, feel free. During the time you can have them write verses or prayers for your child on the wooden boards, sheets of paper, etc. You also could have your child sit on the bed as you read through the verses or scripture.